

LUNCH

PLATED HOT LUNCHES

Lunch Selections Served until 2pm.

All Plated Lunch Prices Include Starters, Main, Chef's Selection of Vegetables, Starch and Dessert, 100% Colombian Coffee, Tea & Lemonade

STARTERS

(Choice of one)

Soup of the Day, House Salad or Caesar Salad

MAINS

(Choice of one)

Grilled Herbed Chicken Breast
with Citrus Beurre Blanc

Cilantro Lime Chicken Breast
with Pico de Gallo

Maryland Crab Cake (4oz)
with Citrus Butter Sauce

Market Price

Shellfish Linguini

Pan-Seared Salmon
with Citrus Buerre Blanc

Beef Tenderloin Medallions
with Cabernet Sauvignon Sauce

Glazed Pork Chop
with Caramelized Apples

Stuffed Portobello Mushroom
Grilled Portobello Mushroom Stuffed with Sautéed Vegetables,
Feta Cheese and Herbs

PLATED LUNCHES

Lunch Selections Served until 2pm.

All Plated Lunch Selections and Pick Two Include Coffee, Tea, Lemonade and Chef's Selection of Dessert

SALADS

TOSSED GARDEN SALAD

Crisp Romaine, Tomato, Cucumber, Carrots, Craisins, Walnuts and House Vinaigrette

CLASSIC CAESAR SALAD

With Grilled Chicken
With Grilled Salmon
With Blackened Tuna
With Grilled Flank Steak

COBB SALAD

Chicken Breast, Avocado, Blue Cheese, Bacon, Tomato, Egg, and Romaine. Tossed in House Vinaigrette

SANTA FE SALAD

Lime-Marinated Chicken, Fresh Corn, Black Beans, Cheese, Crisp Tortillas and Mixed Greens. Tossed in Cilantro-Lime Vinaigrette

SEAFOOD SALAD

Shrimp, Lump Crab Meat, Celery and Herbs tossed in Avocado-Lime Dressing, Served on Bed of Mixed Greens, Tomatoes and Grilled Bread Slices

PICK TWO

Your Choice of Combination of any Two – Half Portion from our Sandwich Selection, House, Caesar or Greek Salad or Chef's Selection of Soup

SANDWICHES

All Selections Served with Potato Chips and Pickle Spear
FRESH SLICED

DELI LUNCH SANDWICH

Choice of Shaved Roast Beef, Roasted Turkey, Baked Ham with Lettuce, Tomato, Cheddar Cheese with Mustard or Herbed Mayonnaise Spread on French Baguette

LUNCH continued

PLATED LUNCHES continued

Lunch Selections Served until 2pm.

GRILLED CHICKEN SANDWICH

Roasted Red Pepper, Baby Spinach, Mozzarella and Basil on Kaiser Roll

GRILLED SALMON BLT

Grilled Salmon, Bacon, Lettuce, Tomato, Roasted Red Pepper, Spinach and Baja Spread on French Baguette

CRAB CAKE SANDWICH

MD Lump Crab Cake, Homemade Coleslaw and Tartar Sauce on Kaiser Roll

Market Price

NUTTY-CHICKEN OR TUNA SALAD SANDWICH OR WRAP

Pulled Chicken Breast, Fresh Herbs, Craisins, Walnuts, Carrots, Mayonnaise or Traditional Tuna Salad and Lettuce on Wheatberry Bread

LUNCH BUFFETS

All Lunch Buffets Selections Include 100 % Colombian Coffee, Tea, Lemonade and Chef's Selection of Dessert

THE DELI SPREAD

Oven Roasted Turkey, Virginia Baked Ham, Roast Beef

American, Swiss and Provolone Cheese
Homemade Potato Salad and Coleslaw
Lettuce, Sliced Tomato and Onions Slices
of Assorted Breads and Rolls Assorted
Pickles and Condiments Potato Chips
Fresh Baked Cookies and Brownies

SALAD TRIO BUFFET

Garden Salad Tossed in House Vinaigrette, Nutty Herbed Chicken Salad, Tuna Salad, Egg Salad, American, Swiss and Provolone Cheese, Lettuce, Sliced Tomato and Onions, Slices of Assorted Breads and Rolls, Assorted Pickles and Condiments, Potato Chips

THE ALL AMERICAN BUFFET

All Beef Hot Dogs, Grilled Hamburgers
Pulled Pork BBQ, Baked Beans
Homemade Potato Salad and Coleslaw
Lettuce, Sliced Tomato and Onions Slices
of Assorted Breads and Rolls Assorted
Pickles and Condiments Potato Chips

BUSINESS LUNCH

BUFFET

Premade Sandwiches and Wraps:
Roasted Turkey, Swiss Cheese, Roasted Pepper, Lettuce, Tomato, Onion and Mayonnaise on Wheatberry Bread
Italian Sub- Ham, Salami, Provolone, Lettuce, Tomato, Oregano and Italian Dressing on Sub Roll
Nutty Chicken Salad Wrap-Dried Cranberries, Walnuts, Lettuce and Carrots in a Tarragon Seasoned Mayonnaise
Tuna Salad Wrap- Chunky Tuna, Celery, Old Bay, Onions Seasoned Mayonnaise, Lettuce, Carrots and Tomatoes
Mediterranean Wrap- Hummus, Feta, Oregano, Lettuce, Tomato, Cucumber, Roasted Pepper and Red Onions
Mixed Greens with Tomatoes, Cucumbers, Onions, Carrots, Croutons and Choice of Dressing, Antipasto Pasta Salad
Potato Chips

SLIDER TRIO

Assorted Gourmet Burgers:

Tuscan Turkey – Grilled Seasoned Ground Turkey Patty topped with Sautéed Mushrooms, Onions, and Cheese
The All-American – Grilled Seasoned Ground Beef, Bacon, Cheddar Cheese, Fried Onion Rings, and Sautéed Green Peppers
Veggie Lovers – Seasoned Veggie Burger with Sautéed Spinach and Onions
Homemade Potato Salad and Coleslaw
Slices of Assorted Breads and Rolls
Assorted Pickles and Condiments Potato Chips

HOT LUNCHEON

(Choice of two)
Chicken Marsala, Grilled Jerk Chicken Breast with Pineapple Salsa, Chicken Cordon Bleu with Lemon White Wine Sauce, Pot Roast, Beef Stroganoff, Herb Crusted Tilapia with Tomato Basil Salsa
Tossed Garden Salad with Choice of Dressing, Warm Rolls and Butter
Chef Selection of Side, and Vegetable